

UnitedHealthcare Benefits of Texas, Inc.
UnitedHealthcare of Oklahoma, Inc.
UnitedHealthcare of Oregon, Inc.
UnitedHealthcare of Washington, Inc.

# UnitedHealthcare® West Benefit Interpretation Policy

# **Family Planning: Infertility Services**

**Related Policies** 

None

Policy Number: BIP066.L Effective Date: July 1, 2023

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# **Federal/State Mandated Regulations**

Note: The most current federal/state mandated regulations for each state can be found in the links below.

#### **Texas**

http://www.statutes.legis.state.tx.us/Docs/IN/htm/IN.1366.htm

### Sec. 1366.003 Offer of Coverage Required

- (a) Subject to this subchapter, an issuer of a group health benefit plan that provides pregnancy-related benefits for individuals covered under the plan shall offer and make available to each holder or sponsor of the plan coverage for services and benefits on an expense incurred, service, or prepaid basis for outpatient expenses that arise from in vitro fertilization procedures.
- (b) Benefits for in vitro fertilization procedures required under this section must be provided to the same extent as benefits provided for other pregnancy-related procedures under the plan.

### Sec. 1366.004 Rejection of Offer

A rejection of an offer under Section 1366.003 to provide coverage for in vitro fertilization procedures must be in writing.

### Sec. 1366.005 Conditions Applicable to Coverage

The coverage offered under Section <u>1366.003</u> is required only if:

- (1) The patient for the in vitro fertilization procedure is an individual covered under the group health benefit plan;
- (2) The fertilization or attempted fertilization of the patient's oocytes is made only with the sperm of the patient's spouse;
- (3) The patient and the patient's spouse have a history of infertility of at least five continuous years' duration or the infertility is associated with:
  - (A) Endometriosis;
  - (B) Exposure in utero to diethylstilbestrol (DES);
  - (C) Blockage of or surgical removal of one or both fallopian tubes; or
  - (D) Oligospermia;
- (4) The patient has been unable to attain a successful pregnancy through any less costly applicable infertility treatments for which coverage is available under the group health benefit plan; **and**
- (5) The in vitro fertilization procedures are performed at a medical facility that conforms to the minimal standards for programs of in vitro fertilization adopted by the American Society for Reproductive Medicine.

Family Planning: Infertility Services

### Sec. 1366.006 Certain Issuers of Health Benefit Plans Not Required to Offer Coverage

An insurer, health maintenance organization, or self-insuring employer that is owned by or that is part of an entity, group, or order that is directly affiliated with a bona fide religious denomination that includes as an integral part of its beliefs and practices that in vitro fertilization is contrary to moral principles that the religious denomination considers to be an essential part of its beliefs is not required to offer coverage for in vitro fertilization under Section <u>1366.003</u>.

### Washington

RCW 48.43.072: Required Reproductive Health Care Coverage—Restrictions on Copayments.

Deductibles, and Other Forms of Cost Sharing. (wa.gov)

(c) "Reproductive health care services" means any medical services or treatments, including pharmaceutical and preventive care service or treatments, directly involved in the reproductive system and its processes, functions, and organs involved in reproduction, in all stages of life. Reproductive health care services does not include infertility treatment.

### **State Market Plan Enhancements**

### Oklahoma, Oregon, Texas and Washington

Coverage for Infertility Services is only available if purchased by the Subscriber's Employer Group as a supplemental benefit. If the Member's Health Plan includes an Infertility Services supplemental benefit, a supplement to the Combined Evidence of Coverage and Disclosure Form will be provided to the Member.

# **Covered Benefits**

**Important Note**: Covered benefits are listed in *Federal/State Mandated Regulations*, *State Market Plan Enhancements*, and *Covered Benefits* sections. Always refer to the *Federal/State Mandated Regulations* and *State Market Plan Enhancements* sections for additional covered services/benefits not listed in this section.

None unless member has the infertility benefit as stated in the *Federal/State Mandated Regulations* and/or *State Market Plan Enhancements* sections.

### **Oregon**

#### Fertility Preservation for latrogenic Infertility:

- Benefits are available for fertility preservation for medical reasons that cause irreversible infertility such as chemotherapy, radiation treatment, and bilateral oophorectomy due to cancer. Services include the following procedures, when provided by or under the care or supervision of a physician:
  - o Collection of sperm.
  - o Cryo-preservation of sperm.
  - Ovarian stimulation, retrieval of eggs and fertilization.
  - Oocyte cryo-preservation.
  - o Embryo cryo-preservation.
- Benefits for medications related to the treatment of fertility preservation are provided as described under the Outpatient
  Prescription Drug Supplement or under Pharmaceutical Products. Benefits are not available for embryo transfer. Benefits
  are not available for long-term storage costs (greater than one year).

# **Not Covered**

- Cryo-preservation of the fertilized embryos
  - Exception: For Oregon members only, benefits are available for fertility preservation for iatrogenic infertility (refer to Covered Benefits section)
- Donor eggs
- Donor sperm
- Host uterus

- Oocyte preservation
- Ovum transplants
- Ovum or ovum bank charges
- Sperm or sperm bank charges
- Medical or Hospital Services incurred by surrogate mothers who are not UnitedHealthcare Members
- Medical and Hospital Infertility Services for a Member whose fertility is impaired due to an elective sterilization, including surgery, medications and supplies
- Reversal of sterilization procedures

### **Definitions**

**latrogenic Infertility (Oregon Only)** An impairment of fertility by surgery, radiation, chemotherapy, or other medical treatment affecting reproductive organs or processes.

#### Infertility: Either:

- The inability to conceive a pregnancy or to carry a pregnancy to a live birth after a year or more of regular opposite sex/heterosexual relations without contraception; or
- The presence of a demonstrated condition recognized by a licensed physician who is a network provider as a cause of Infertility; or
- A same sex partner may be considered infertile.

# **History/Revision Information**

Date	State(s) Affected	Summary of Changes
07/01/2023	All	Supporting Information
		<ul> <li>Archived previous policy version BIP066.K</li> </ul>
	Oregon	Not Covered
		Added notation to indicate benefits are available for fertility preservation for
		iatrogenic infertility for Oregon members only; refer to the Covered Benefits
		section [of the policy]
	Washington	Federal/State Mandated Regulations
		Added language pertaining to Revised Code of Washington Section 48.43.072

# **Instructions for Use**

Covered benefits are listed in three (3) sections: Federal/State Mandated Regulations, State Market Plan Enhancements, and Covered Benefits. All services must be medically necessary. Each benefit plan contains its own specific provisions for coverage, limitations, and exclusions as stated in the member's Evidence of Coverage (EOC)/Schedule of Benefits (SOB). If there is a discrepancy between this policy and the member's EOC/SOB, the member's EOC/SOB provision will govern.