



Behavioral Health Manual Update – Appendix E-11 Dialectical Behavioral Therapy (DBT)

UnitedHealthcare Community Plan (UHCCP) is notifying providers of updates to Appendix E-11, Dialectical Behavioral Therapy (DBT), section of the [Behavioral Health Manual](#) on behalf of the Louisiana Department of health.

Updates:

- **Staff Qualification:**
 - Delivery of the comprehensive DBT model requires a team, preferably with 4-6 clinicians trained and qualified to provide DBT individual therapy.
 - DBT teams may be comprised of LMHP clinicians or may be comprised of a mix of LMHP clinicians alongside other qualified practitioners, which may include staff licensed as a Provisionally Licensed Professional Counselor (PLPC), Provisionally Licensed Marriage and Family Therapist (PLMFT), or Licensed Master Social Worker (LMSW). For DBT teams comprised of a mix of LMHPs and other qualified practitioners, there must be a minimum of two (2) LMHPs on the DBT team. Other qualified practitioners may serve as a co-leader for a DBT skills training groups, alongside an LMHP co-leader.

- **Staff Supervision for Non-LMHP Staff**
 - Provisionally Licensed Professional Counselor (PLPC), Provisionally Licensed Marriage and Family Therapist (PLMFT), or Licensed Master Social Worker (LMSW) delivering DBT services must be under regularly scheduled supervision in accordance with requirements established by the practitioner's professional licensing board. Proof of the board approved supervision must be held by the provider agency employing these staff. For the psychology intern, the supervisory plan is acceptable.

- **Billing:**
 - Services provided using telehealth must be identified on claims submission by appending the modifier "95" to the applicable procedure code and indicating the correct place of service, either POS 02 (other than home) or 10 (home). Both the correct POS and the 95 modifier must be present on the claim to receive reimbursement;

For questions or concerns regarding any notice, contact UnitedHealthcare Community Plan at 1-866-675-1607.